

# JANUARY

Mon	Tue	Wed	Thu	Fri
“This Institution is an equal opportunity provider”	2 Hot Dog on a Bun or Chicken Pattie on a Bun Macaroni and Cheese Mixed Vegetables Fresh Apple Slices Low Fat Milk	3 <b>Burrito Bowl</b> Pork Carnitas or Chicken Carnitas Cilantro Rice Pico De Gallo Tortilla Chips Peach Slices Low Fat Milk	4 Salisbury Steak or BBQ Chicken Legs Mashed Potatoes w/Gravy Seasoned Sweet Corn Dinner Rolls Fresh Grapes Low Fat Milk	5 Chili Crispito or Quesadilla w/Fresh Fixings Or Southwest Chicken Wrap California Blend Vegetables Fresh Mixed Fruit Low Fat Milk
	8 Cheeseburger on a Bun or BBQ Pork Sandwich Potato Rounds Baked Beans Creamy Coleslaw Fresh Apple Slices Low Fat Milk	9 Pepperoni or Cheese or Buffalo Chicken Pizza Pizza Wrap or Cuban Wrap or Chicken, Spinach, Tortellini Salad Peach Cup Low Fat Milk	10 Chicken Ala King or Beef Stew or Fiesta Chicken Chili Whole Grain Biscuit Seasoned Peas Fruit Mix Low Fat Milk	11 <b>Sub Sandwich Bar</b> Ham, Turkey, or Roast Beef on a Fresh Baked Bun Fresh Fixings Baked Chips Fruit Juice or Fresh Clementines Low Fat Milk
15  <b>No School</b>	16 Popcorn Chicken or Shrimp Poppers Mashed Potatoes w/Gravy Seasoned Sweet Corn Dinner Rolls Applesauce Cup Low Fat Milk	17 Walking Taco or Chicken Fajita Fresh Fixings Seasoned Sweet Corn Fruit Filled Churro Fresh Strawberries Low Fat Milk	18 French Dip Sandwich or BBQ Rib Sandwich Seasoned Peas Baked Chips Pineapple/Mango Mix Peas Low Fat Milk	19 Chili Cheese Fritos or Foot Long Hot Dog Baked Potato Seasoned Broccoli Watermelon Slice Low Fat Milk
	22 Taco Pizza or Homestyle Chicken Chunks or Creamy Chicken Enchilada Fresh Toppings Asst. Doritos Fresh Strawberries Low Fat Milk 29 Walking Taco or Chicken Fajita Fresh Fixings Whole Kernel Corn Applesauce Cup Fruit Filled Churro Low Fat Milk	23 Pepperoni or Cheese or Buffalo Chicken Pizza Chicken Bacon Flatbread or Buffalo Chicken Wrap Chef Salad Cantaloupe/Honeydew Mix Low Fat Milk 30 Scrambled Eggs w/Bacon Sausage Crumbles Diced Ham Breakfast Potatoes Cinnamon Roll Yogurt Strawberry Topping Low Fat Milk	24 Homestyle Chicken Chunks or Beef and Broccoli Lo Mein Teriyaki, Orange Sauce or Sweet Chili Sauce Stir Fry Vegetable Mix Seasoned Rice Mandarin Oranges Fortune Cookie Low Fat Milk 31 Chicken Philly Sandwich or Shrimp Po Boy or Whole Grain Chicken Chunks Baked Chips Broccoli Grape Salad Fresh Fruit Mix Low Fat Milk	25 Chicken Parmesan or Hamburger Stroganoff Rotini Pasta Garlic Breadstick Caesar Salad Fresh Banana Low Fat Milk